

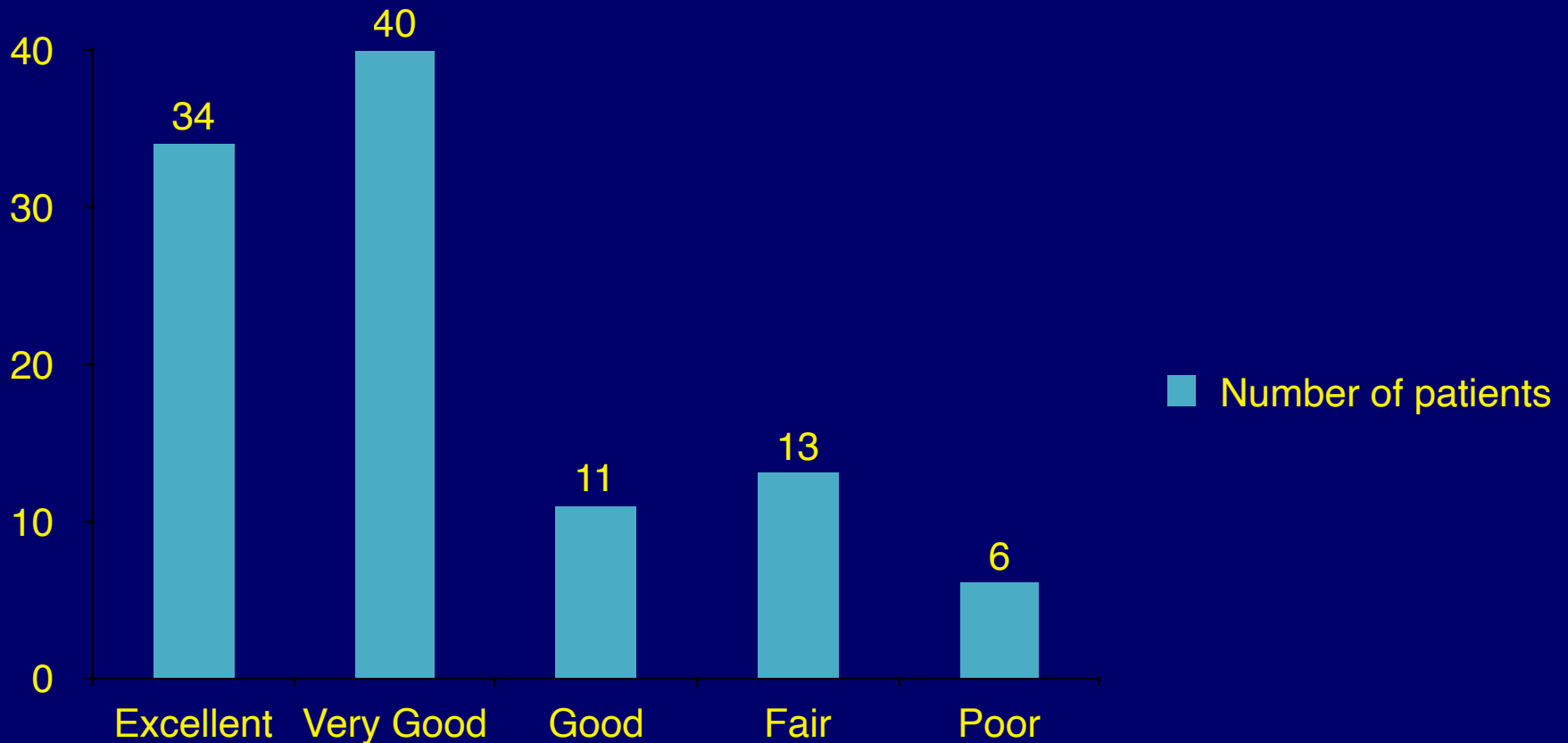
# Satisfaction rates

## Following immediate breast reconstruction

Lester Barr, Consultant Surgeon

- The following graphs are based on patient questionnaires called PROMS
- The patients have undergone breast reconstruction 6 months to 2 years earlier
- This is the collective experience of patients under the care of the UHSM surgeons: Barr, Baildam, Bundred, Gandhi, Byrne, Rose.

# Overall satisfaction with surgery

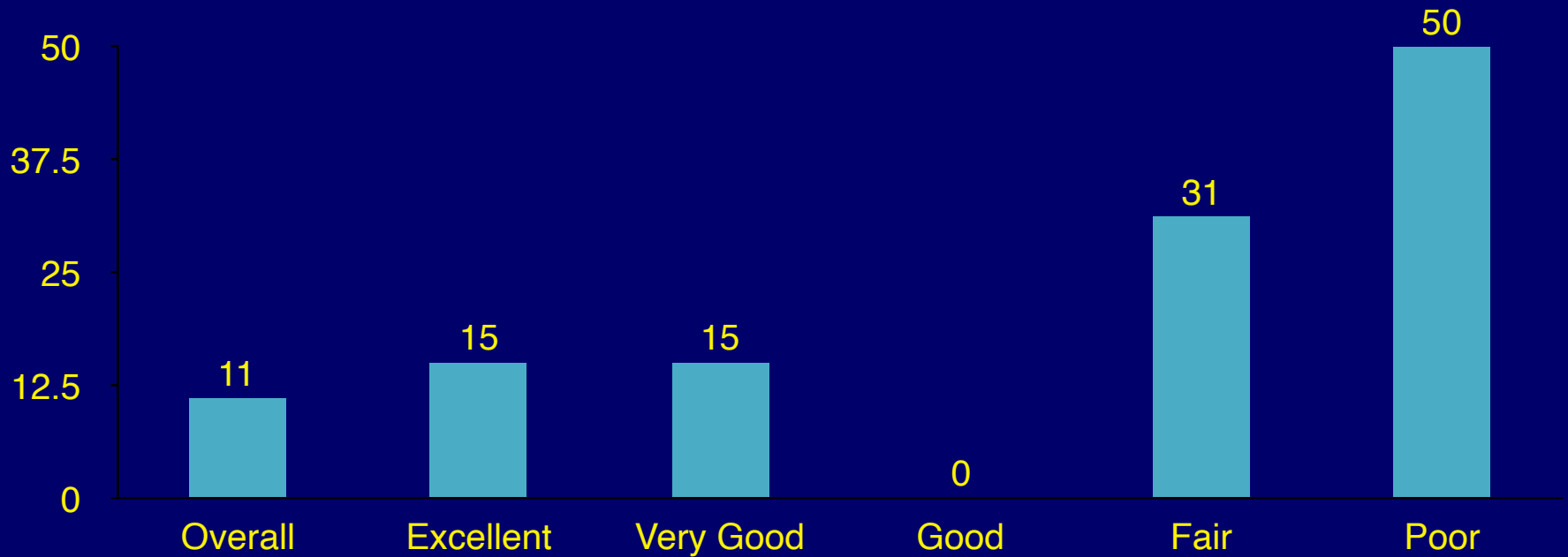


**UHSM 70% of patients gave a rating of excellent or very good**

**NMBRA 67%**

# Radiotherapy

% with radiotherapy

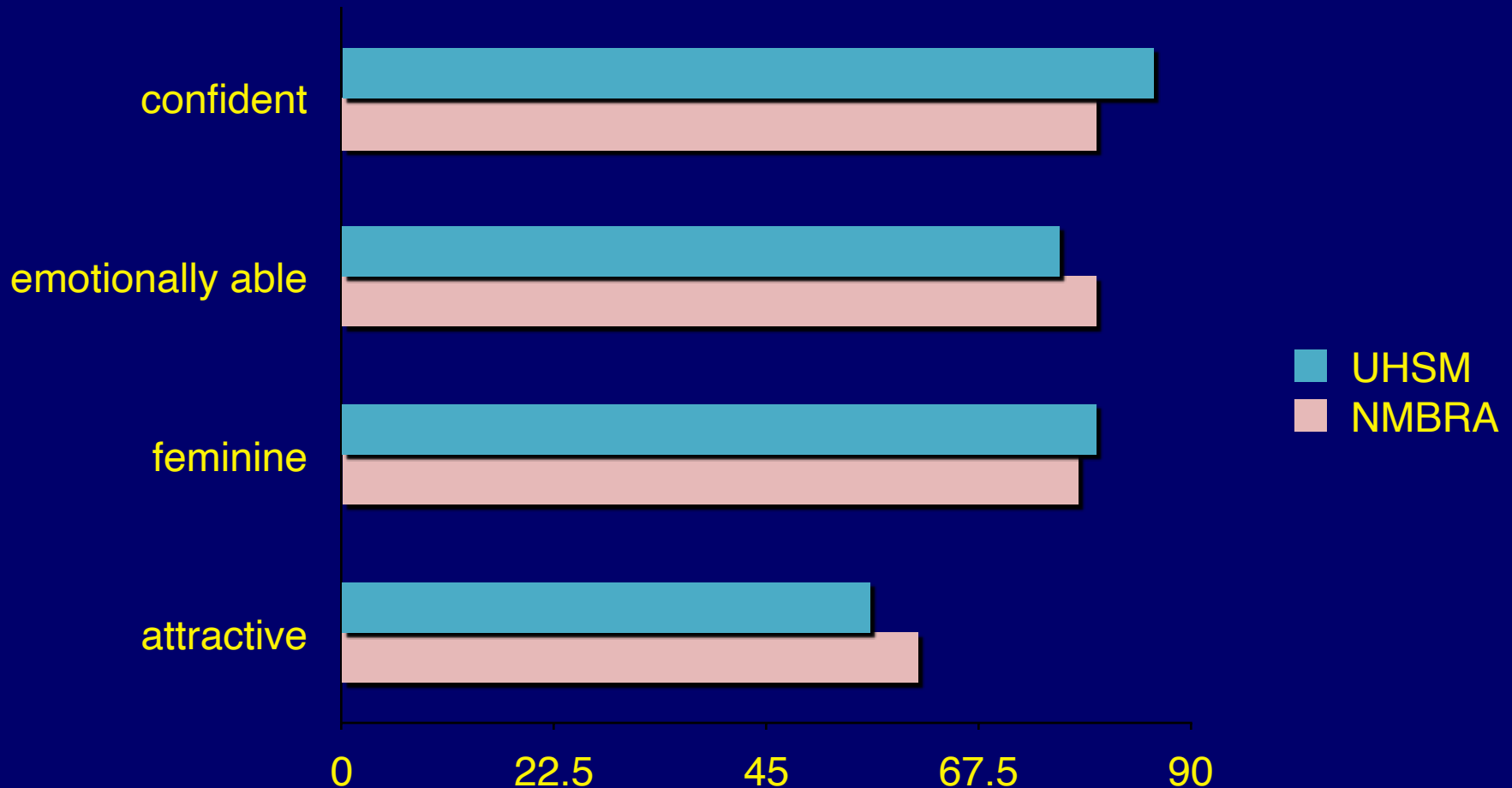


**UHSM 50% of those who rated their outcome as “Poor” had radiotherapy**

# Understanding the Graphs

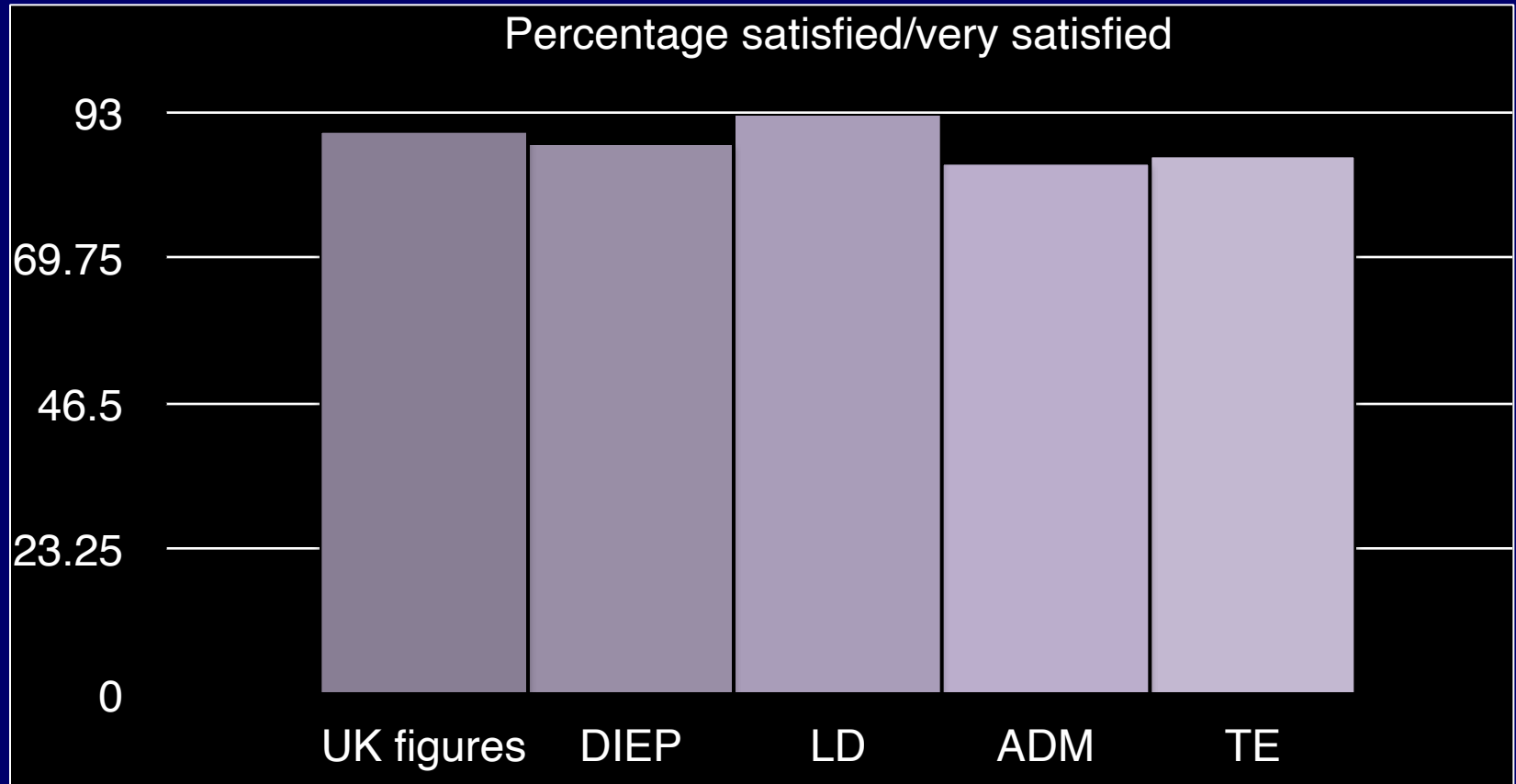
- Many of the graphs are compared to UK satisfaction rates from NMBRA. This is the 'national mastectomy and breast reconstruction audit' reported in 2011
- DIEP reconstruction is an abdominal flap
- LD refers to a flap from the LD muscle
- ADM refers to reconstruction using a material called Strattice with an implant
- TE is a 2 stage tissue expander reconstruction

# Emotional impact



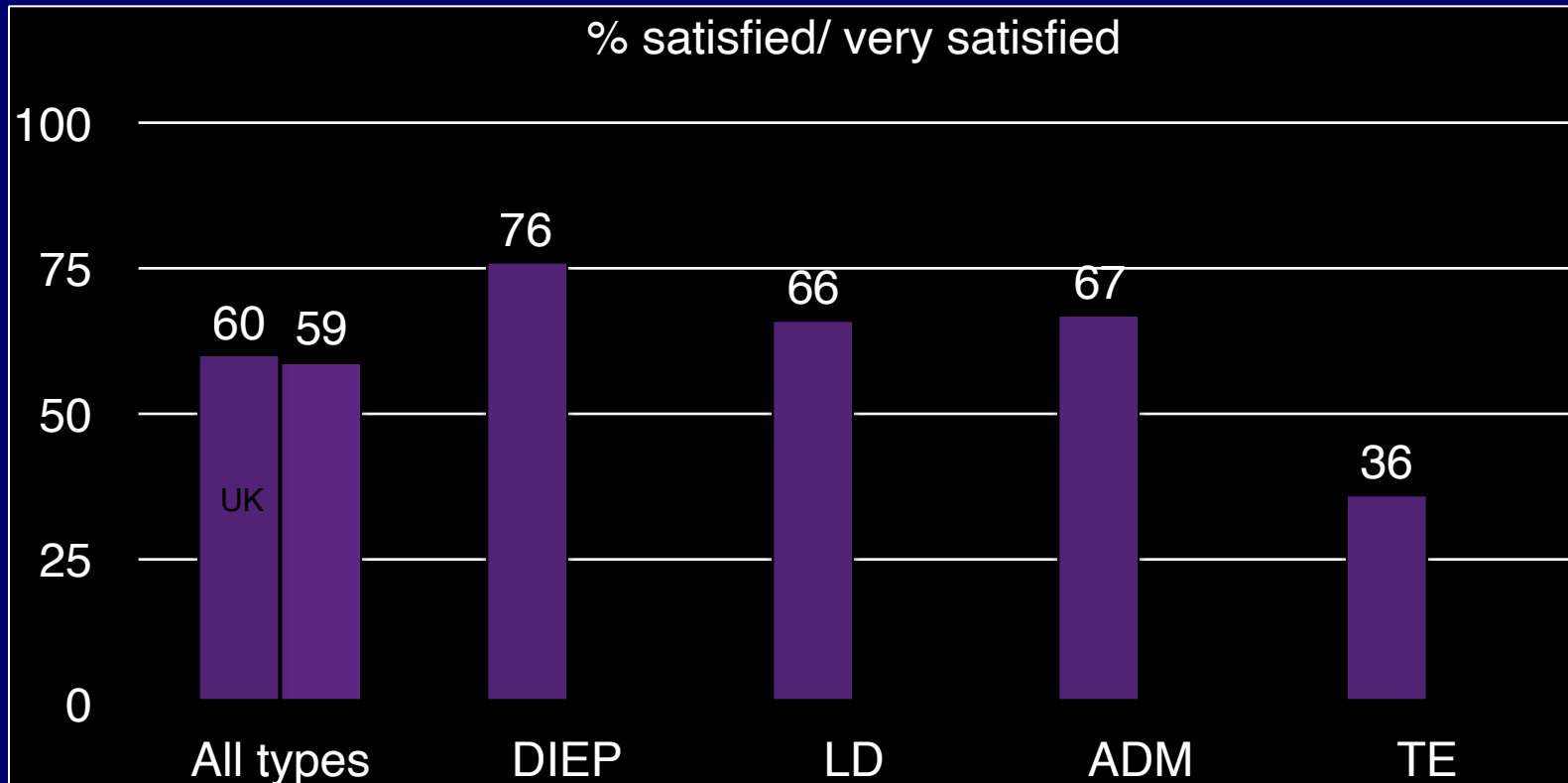
**UHSM around 80% of women feel feminine, confident and emotionally able most or all of the time.**

# How satisfied are you with how you look in the mirror clothed?



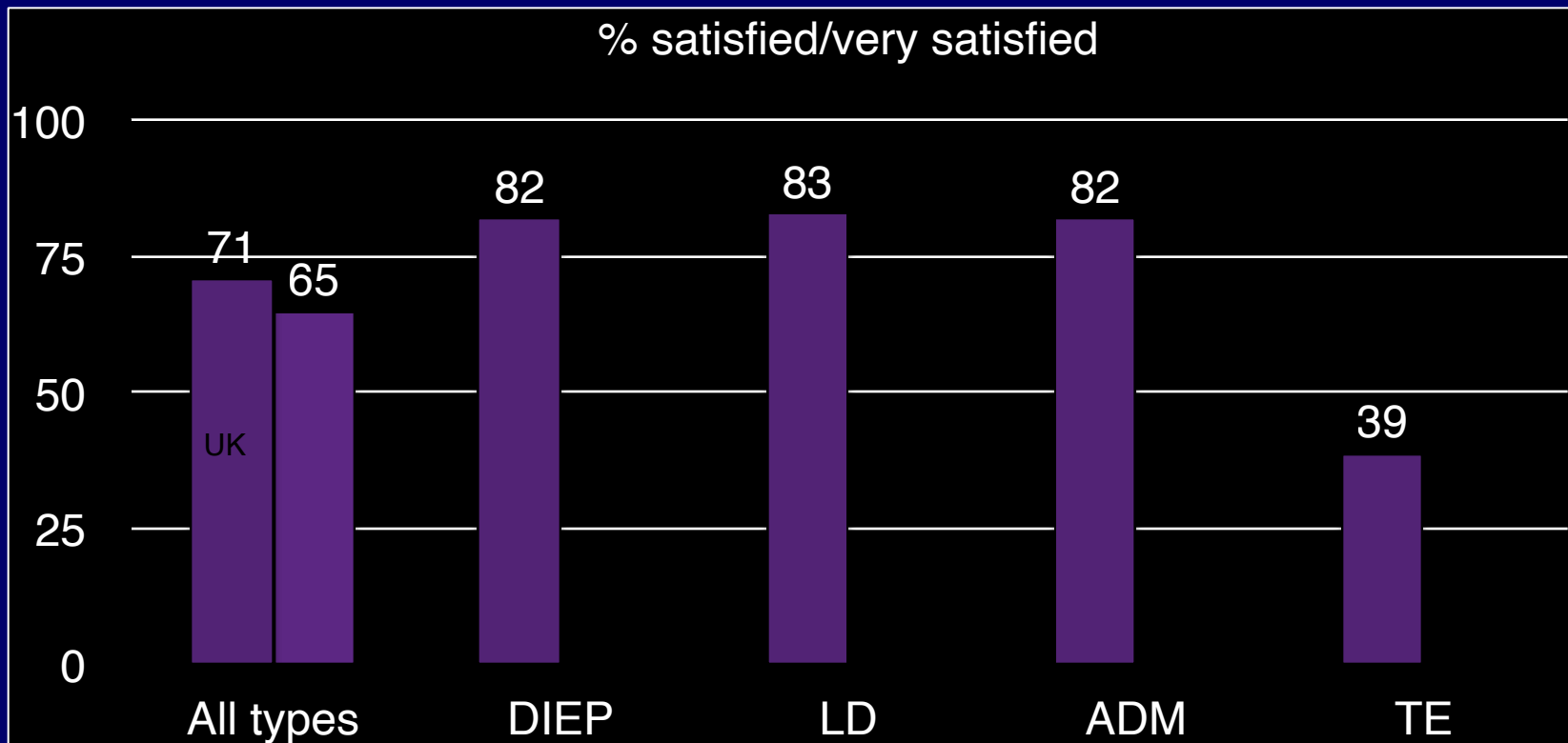
>85% women reported being satisfied or very satisfied

# How satisfied are you with how you look in the mirror unclothed?



Only 36% of patients with tissue expanders were satisfied

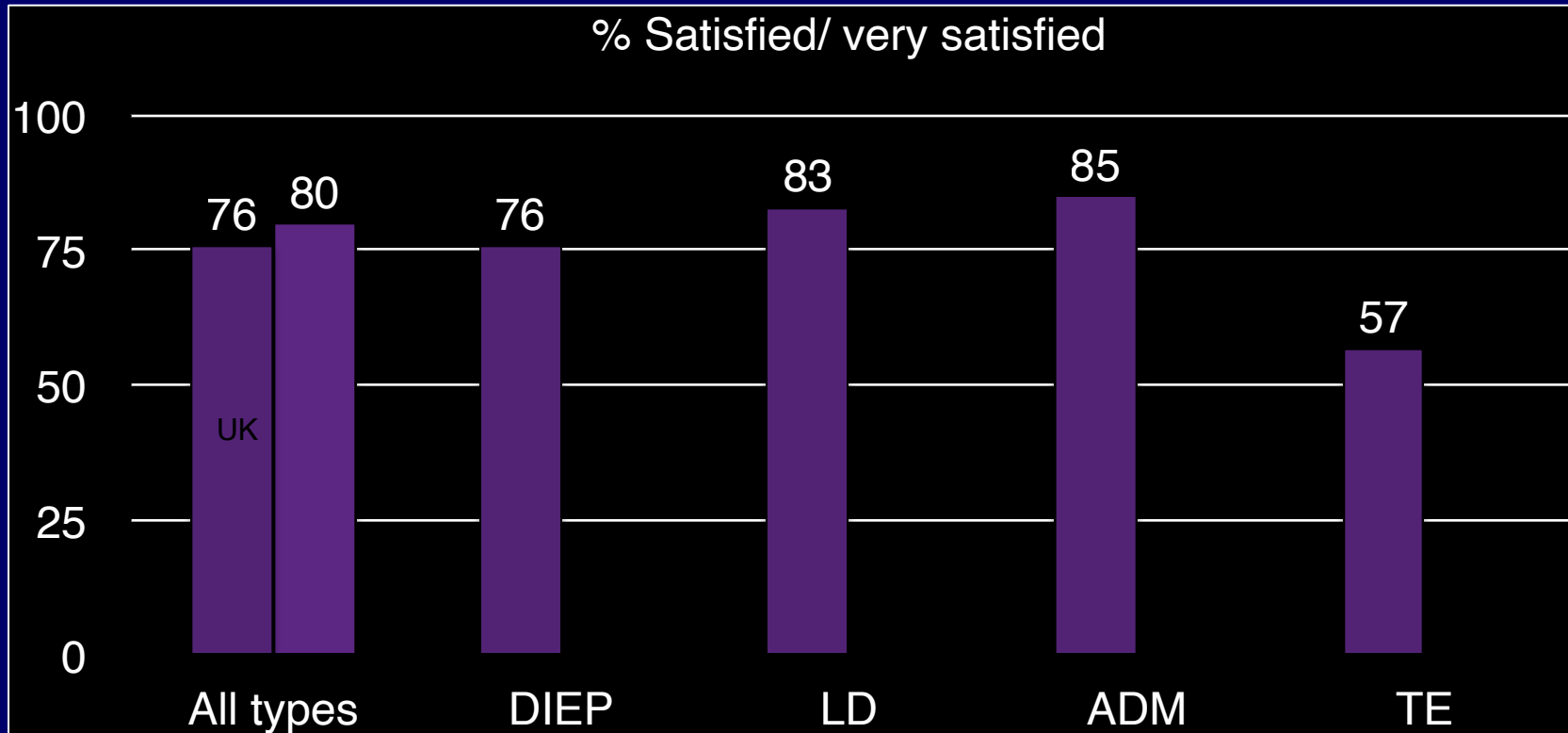
# How satisfied are you with how natural your breast looks?



Satisfaction with ADM is equal to flap based



# How satisfied are you with the size?



Satisfaction with size in ADM was as high as flap based

# Understanding the Graphs

- You will notice that the TE technique has lower scores than other techniques
- For this reason my usual practice is to offer a choice of the other 3 methods of breast reconstruction
- The key to a successful outcome is to choose the best option for you as an individual person

Lester Barr, Consultant Surgeon  
The Christie Clinic &  
Spire Manchester Hospital